



ELHS

Return-to-Play Safety Plan

Precautions

- **Health Screenings:** All athletes, coaches, umpires/referees, spectators, or anyone involved with the sports practice or competition will complete a health symptom screening prior to participation.
- **Masks:** Masks are required for athletes before and after sporting activities and when on the sidelines. Masks are required for spectators. Coaches, umpires/referees, volunteers, are required to wear masks the entire time. Referees who need to run in the field of play may remove their masks.
- **Physical Distancing:** Physical distancing will be maintained at all times between staff, volunteers, and any spectators with the exception of trainers and medical personnel in performance of their duties. Athletes will maintain 6 feet of physical distancing when not engaged in sporting activities.
- **Hygiene:** Athletes are required to wash hand before and after practices and competitions. Athletes will sanitize their hands prior to going onto the court/field and when coming off the court/field. Athletes may NOT share water bottles, uniforms, towels, snacks and should not spit when out on the field. Any shared equipment will be sanitized between each use. Balls may be passed/shared since the athletes will be adhering to the handwashing and sanitizing procedures.
- **Locker Rooms:** Only ten people at a time will be allowed in the locker rooms. 6 feet of distancing will be maintained while in the locker room and is easily visible by the dots on the floor. Students will also be encouraged to change their clothes in the restrooms.
- **Transportation:** Students should ride in separate vehicles with only household members whenever possible. Athletes will be spaced out as far as possible when on the buses. Buses will be cleaned and sanitized after each use.
- **Contact Tracing:** The Athletic Director will keep a roster of every athlete, staff member, and volunteer present at each practice, training session, and competition. A roster and seating chart for each travel group will be kept by the Athletic Director. These records will be kept for 28 days after the practice, competition, or trip.
- **Spectators:** The number of spectators allowed at sporting events will be dependent upon both the WA State Phased Reopening Guidelines and the COVID-19 Activity Level. No Spectators will be allowed at ELHS hosted games until Pierce County has entered Phase 3. 1 parent/guardian will be allowed per athlete for High and Moderate COVID-19 risk levels. A maximum of 50 spectators at the Low COVID-19 risk level.

Practices and Competitions:

Which skills and drills are permitted at practice is dependent upon the COVID-19 activity level in Pierce County. The ability to participate in games and competitions is also dependent upon the COVID-19 activity level in Pierce County.

HIGH Risk >75 cases/100K/14days or >5% test positivity

- At practice, Athletes will be divided into pods of no more than 6. These pods will remain constant. The pods will be spaced out and separated by a buffer zone. Training will be done outdoors whenever possible.
- *Brief* 3 on 3 drills may occur at the Athletic Director's discretion.
- Scrimmages and league games are permitted at the Athletic Director's discretion for low risk sports.

MODERATE Risk >25-75 cases/100k/14 days and <5% test positivity

- Athletes may practice as a full team.
- Scrimmages and league games are permitted at the Athletic Director's discretion for low and moderate risk sports.
- Scrimmages are allowed per the Athletic Director's discretion for high risk sports.

LOW Risk <25 cases/100k/14 days and <5% test positivity

- Scrimmages and league games are allowed for all sports.
- Tournaments are allowed.